



University of
South Australia

Support where it's needed – proximal & distal

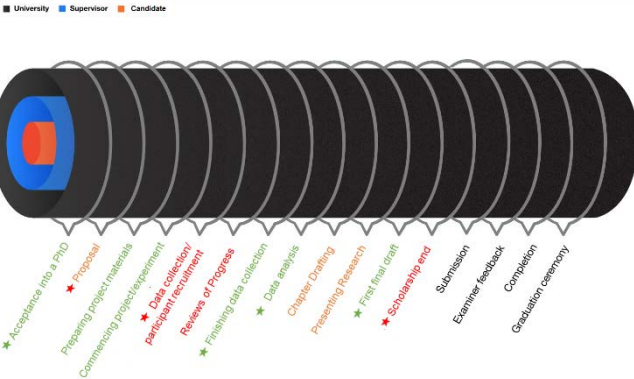
Pat Buckley
Dean Graduate Studies
UniSA

Research Research training ecosystem

Candidate-Candidate
batyr

Candidate as Staff
EAP

Supervisor Support
Video resources



University of
South Australia

Candidate-Candidate batyr



75% candidates more likely to seek help if they needed it

85% thought it important to share real stories about mental health



Candidate as Staff

EAP



Human Psychology

Think. Feel. Perform. Better.



University of
South Australia

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People, Talent and Culture

About Us

Recruitment at UniSA >

Induction to UniSA >

Your Pay and Benefits >

Employment Conditions >

Aboriginal Employment >

Values and Conduct >

Performance and
Development >

Safety and Wellbeing

Wellbeing @ UniSA

Wellbeing Framework/6
Elements >

Employee Assistance Program

Manager Assist Program

Program Information

Frequently Asked Questions

Employee Assistance Program

The Employee Assistance Program (EAP) is free of charge and available to all UniSA employees and their immediate family.

The University of South Australia has engaged Human Psychology to provide support to our staff and HDR Students.

Their Masters trained counsellors have also been trained in cultural awareness, however, if you identify as an Aboriginal person or Torres Strait Islander, and would prefer to talk to an Aboriginal Counsellor, please let Human Psychology know when you call to make an appointment.

Appointments are available from Monday to Friday, 9.00am - 5.00pm and can be booked by calling:

- > Metropolitan campuses: **1300 277 924**
- > Mt Gambier Campus: **(08) 8723 1999**
- > Whyalla Campus: **(08) 8645 8233**

For further information on Human Psychology and UniSA specific resources, click [here](#) using (UniSA) as the password.



Manager Assist Program



Program Information



Frequently Asked
Questions

Supervisor Support

Video resources

Research training
& success



Warning signs

Support available
to candidates



Initiating a
conversation with
a person at risk



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